EQUIPMENT LIST FOR
Portland Audubon Outdoor School

☐ Sack Lunch & Snack for the first day

☐ small Backpack that can hold water, jacket, lunch

☐ Water bottle (reusable)

☐ Warm sleeping bag (mattresses provided)

☐ bottom sheet for twin mattress (optional)

☐ small pillow (optional)

☐ Rain coat (rain pants are optional)

☐ Warm Jacket (hoody, fleece, etc)

☐ two hats/caps (one for sun and one for warmth)

☐ Warm gloves and pants

☐ Extra socks and underwear

☐ Pajamas

☐ Flashlight/Headlamp

☐ 1 pair of hiking shoes or sturdy tennis shoes

☐ Toothbrush and toothpaste, hairbrush, etc.

☐ Sunglasses & sunscreen

☐ Binoculars, camera & field guides if you have them

☐ A fun book for freetime

☐ An adventurous spirit, a curious mind and a positive attitude!