



**TOGETHER FOR NATURE**

**Equipment List**  
*Watershed Warriors*  
*Overnight Wed- Fri (2 nights)*  
*Portland Audubon's Marmot Cabin*

**☐ Lunch & Snack for the first day**

- ☐ Water bottle
- ☐ Snacks for the road
- ☐ Day Pack for the items you want close at hand
- ☐ Sleeping Bag (Pads provided)
- ☐ Swimsuit and Towel
- ☐ Water shoes or old gym shoes (to protect feet while in watercrafts/No Flip-flops)
- ☐ Rain coat (rain pants are optional)
- ☐ Hat (baseball cap or other sun hat when on the water)
- ☐ 2 shirts, 2 T-shirts, 1 pants, 1 pair of shorts, pajamas or sleepwear
- ☐ 3 pairs of socks, underwear
- ☐ Warm sweater or fleece
- ☐ 1 pair of hiking shoes & 1 pair tennis shoes (water shoes are optional)
- ☐ Toothbrush/General Toiletries
- ☐ Sunscreen
- ☐ Flashlight and extra batteries
- ☐ Something to write with (pens or pencils)
- ☐ Binoculars, camera & Field Guides if you have them; a book to read for fun
- ☐ An adventurous spirit, a curious mind, and a positive attitude

**Please leave electronics at home. Cameras and devices that are used only as cameras are allowed. Devices that are used when not allowed will be collected by the trip leader and returned to the student at the end of the week.**