



TOGETHER FOR NATURE

# Go Lights Out Portland Launch

**September 19, 2020**

## **Save energy, see stars, save lives!**

Mark your calendar for the 5th annual Lights Out Portland, an event to kick off fall lights out where residential households and commercial buildings dim their lighting to raise awareness about the impact of light pollution on migrating birds and human health, wasted energy in the form of unshielded light, and preserving our night sky to see stars from the city.

Photo by Thomas Hawk

# Go Lights Out Launch

on September 19, 2020

Turn off unnecessary lighting to raise awareness about light pollution and get out to see the stars! Then keep joining us on Lights Out alert nights during peak bird movements through late October!

## Buildings:

- Turn off rooftop lighting and exterior architectural lighting
- Turn off or dim lobby/atrium lighting
- Turn off interior lights where possible
- Turn off or dim parking lot lighting

## Houses, apartments and condos:

- Turn off any unnecessary outdoor lighting
- Draw blinds or curtains in rooms where lights are in use
- Get outside to see the night sky!



## About Light Pollution

Light Pollution drowns out the stars that migrating birds are using to navigate and lures them into cities where they are at risk of colliding with windows. Across the US, nearly 1 billion birds die every year as a result of hitting a window. There are also serious human health concerns about exposure to artificial light at night, which disrupts our circadian rhythms.

**Learn more & take the pledge to Go Lights Out**  
[bit.ly/golightsoutportland](https://bit.ly/golightsoutportland) or [audubonportland.org](https://audubonportland.org)