



**TOGETHER FOR NATURE**

## **Adult Programs and COVID-19 Guidelines**

Safety is of paramount importance to Portland Audubon. We follow strict COVID-19 safety protocols as defined by the CDC, and our outdoor programs follow all physical distancing and safety protocols dictated by the Oregon Health Authority. Furthermore, Portland Audubon follows our own COVID-19 guidelines as described below. Please see your specific trip and leader for additional details.

### **Mandatory Guidelines for In-person Programming**

We ask participants to **maintain a minimum of 6 feet of physical distance between guests from different households at all times** on programs that do not require proof of vaccination.

**Face coverings must be worn at all times on all programs** unless indicated by your trip leader. If at any time you need to temporarily remove your face covering (to have a drink of water, etc.) please walk away from the group.

**Proof of full vaccination is required for all guests and guides on our van/vehicle-based programs and ecotours.**

**Guests will not be permitted on the program if they or anyone in their household have had any signs and/or symptoms of COVID-19 in the last 14 days.** Please stay home if you or anyone in your household has had any of the following symptoms in the last 14 days:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

Additional information on specific COVID policies can be found in the following documents:

[Adult Education COVID-safe Spotting Scope Policy](#)

[2021 Domestic Ecotour Policies](#)

[2021 International Ecotour Policies](#)

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We encourage everyone to keep informed of developments, as this situation is rapidly evolving. Portland Audubon will continue to follow and adhere to recommendations issued by the CDC and/or Public Health — Multnomah County. General inquiries can be made at [info@audubonportland.org](mailto:info@audubonportland.org).

**Additional Resources**

Public Health — [Multnomah County Information COVID 19](#)

Public Health — [Multnomah County COVID-19 Daily Situation Reports](#)

Oregon Health Authority — [COVID 19 Information](#)

Centers for Disease Control and Prevention — [COVID 19 Information](#)

Centers for Disease Control and Prevention — [COVID 19 Travel FAQ](#)